

## 2019 Trafton Academy Cross Country Meet Schedule

<u>Date</u>	<u>Meet</u>	<u>Site</u>	<u>City</u>	<u>Who</u>
Thurs. Aug. 22	PHS/STA Practice Meet	PHS	Ponchatoula, LA	All Athletes
Thurs. Aug. 29	Walker Practice Meet	STA	Walker, LA	All Athletes
Sat. Sept. 7	BSN Sports Invitational	STA	Hammond, LA	All Athletes
Thurs. Sept. 12	TA-HEMS Invitational	PHS	Ponchatoula, LA	All Athletes
Thurs. Sept. 19	Perfectly Fit Tangi Inv.	Rosaryville	Ponchatoula, LA	All Athletes
Wed. Sept. 25	CES-TA Invitational	CES	Covington, LA	All Athletes
Thurs. Oct. 3	First Baptist Invitational	Fritchie Park	Slidell, LA	All Athletes
Sat. Oct. 5	MC Ford Watson Invitational	Choctaw Trails	Clinton, MS	Varsity
Thurs. Oct. 10	Gov. Games CC Championships	STA	Hammond, LA	All Athletes
Sat. Oct. 12	Catholic High Invitational	Highland	Baton Rouge, LA	Varsity
Thurs. Oct. 17	STA-Rollette Inv.	STA	Hammond, LA	SE, Elem, MS
Sat. Oct. 19	STA-Rollette Chiropractic Inv.	STA	Hammond, LA	JH Only
Thurs. Oct. 24	NIAL CC Championships	STA	Hammond, LA	All Athletes
Sat. Nov. 2	STA-Dutchtown Invitational	STA	Hammond, LA	Varsity
Tues. Nov. 12	Perfectly Fit – Northshore Championships	STA	Hammond, LA	Varsity
Sat. Nov. 23	Area 11 AAU CC Qualifier	STA	Hammond, LA	
Sat. Nov. 30	Footlocker South Regional	McAlpine	Charlotte, NC Greenway Park	
Sat. Dec. 7	AAU National CC Championships	Arthur Ash Park	Knoxville, TN	